# VESS

**NEWSLETTER** 

# Vascular & Endovascular Surgery Society

Volume 12 • Issue 1 • Spring 2020



## President's Corner by Matthew Corriere, MD



2020 is off to a great start for VESS! The 44th Annual Winter Meeting in Steamboat Springs, Colorado was a great time and a resounding success, with a record number of abstract submissions and attendees

As the national society focused on early career vascular surgeons, vascular surgery trainees, and medical students, we were proud to feature expanded programs geared toward these future leaders of Vascular Surgery that were co-developed based on your needs and suggestions.

The Annual Winter Meeting also featured hands-on experience through our Vascular Technology Forum, outstanding scientific presentations and discussions, unparalleled networking opportunities, presentation of the VESS Resident and Faculty Early Career Research Awards, a tour-de-force

presidential address by **Dr. Jim Black**, and about as much fun as can be had at the President's Dinner (save the complaints, which have been duly noted, regarding our Recorder's uninvited attempt at Country and Western Singing, which was challenging to endure).

The youth of our membership and the agility of our Society make VESS special, enabling our members to contribute ideas and act on them. Along those lines, we will be hard at work over the coming year promoting the goals and interests of our membership, including initiatives supporting diversity, expanding student and trainee opportunities for leadership and service, and building on the success of existing programs and collaborations with other societies and specialties.

VESS members should be on the lookout for a survey this spring that will include a vote on proposed bylaws amendments as well as some basic questions to help us understand our society's diversity. Please participate!

I hope to welcome you to the VESS spring meeting this coming June at the rapidly approaching Vascular Annual Meeting in Toronto. The spring



Matthew Corriere, MD & Jim Black, MD

program committee has put together a fantastic scientific program, so make sure your passport is up to date and ready to go. VESS is excited to partner with the Society for Vascular Surgery in co-branding and supporting the General Surgery Resident/Medical Student Program Reception, the Trainee Lunch, and the Young Surgeons/Diversity Reception, so please take advantage of these networking and fellowship opportunities.

Finally, it's not too early to start planning to attend the **2020 VESS Annual Winter Meeting.** We are excited to visit a new venue, the Sun Valley Resort in Sun Valley, Idaho! The meeting will be from January 21st-24th, 2020, so save the date!



VESS Past Presidents: Sean Roddy, James Black, Jonathan Eliason & Vikram Kashyap

## **2020 VESS Winter Meeting Highlights**

#### **Vascular Fellows Course**

The 2020 Winter Meeting hosted another successful Vascular Fellows Program, with 30 senior residents and fellows from around the country participating. The topics discussed ranged from negotiating contracts to understanding changes in healthcare, as well as the role of social media in personal and specialty brand development.

Participants had the opportunity to present challenging endovascular and open cases, which were followed by spirited discussions. The highlight, as is every year, was Vascular Jeopardy. The trainees competed hard and demonstrated an impressive fund of knowledge, and all have bright futures ahead. **We'd like to thank Cook Medical for their continued support of this program.** 



### **Technology Forum**

The 2020 VESS Vascular Technology Forum highlighted exciting vascular device technology and provided a unique opportunity to members for an intensive, hands-on experience with the 'latest and greatest' in a small group format. Thank you to our industry sponsors that brought the following to our program:

- **Abbott Vascular** Supera Stent Data
- **BD** Hands-on with the WavelinQ™ EndoAVF System
- **Boston Scientific** Coil Embolization: The Impact of Thrombogenicity and Example Applications
- **Medtronic** Valiant Navion™ Deployment Techniques In A Variety Of Thoracic Anatomies: Real World Performance Of Innovative Design
- **Penumbra** Penumbra's Indigo Thrombectomy & Ruby Embolization product overview
- Silk Road Medical An Overview of the TCAR Procedure
- **Terumo Aortic** Terumo Aortic Vision of Personalized Vascular Therapy
- Cook Medical Design with the Patient in Mind: An Evolving Perspective on Endovascular Repair



## 2020 VESS Winter Meeting Highlights

### **Next Generation Student Mentor Program**

The third edition of the VESS Next Generation Student Mentor Program took place in Steamboat Springs and again the program was of great success. The program content was modified based on the feedback obtained from last year as well by surveying our prospective attendees. This allowed the program to more directly address any concerns or questions that the students might have regarding Vascular Surgery as a specialty. This year's program was highly sought after and competitive for applicant medical students interested in pursuing careers in vascular surgery. We received over 50 applications from medical schools all around the country and, with the support of the societies leadership, were able to increase the number of travel scholarships awarded from 20 last year, to 30 this year.

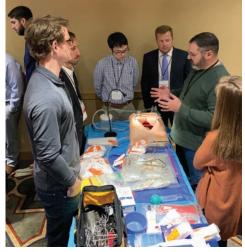
This year's faculty was outstanding and covered important topics related to becoming a vascular surgeon, perspectives from young vascular trainees and career options within our specialty. After the faculty sessions, students participated in the surgical skills component of our program were they were able to perform endovascular procedures and practice their suturing skills using simulators and under the instruction of our faculty. It was a great day and our program continues to grow.

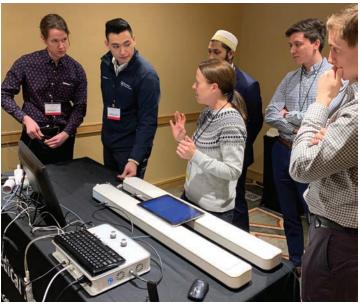
We look forward to next year's program and meeting another group of inspiring students.

We would like to thank WL Gore and BD for their support of the hands-on program.









## **VESS 2020 Awards**



Best Paper Award - This Award is given in recognition of an outstanding original paper presented by a fellow, resident or medical student at the Annual Meeting.

2020 Winner: William Sheaffer, MD Mayo Clinic, Phoenix, AZ

"Practice Patterns of Vascular Surgery's "1%""
William W Sheaffer, Samuel R Money, Victor J
Davila, Ina Y Soh, Matthew D Breite, William
M Stone, Andrew J Meltzer



VESS / Travel Award – This Award is to provide the recipient with the opportunity to visit one (or more) vascular surgery centers of excellence. The visit is intended to stimulate academic inspiration and to foster the development of fraternal fellowship in vascular surgery.

2020 Winner: Gregory Magee, MD Keck Medical Center of USC, Los Angeles, CA

## **VESS 2020 Awards**



VESS / Medtronic Resident
Research Award – This Award is
specifically designed to help residents in
training initiate projects during protected
academic development time that will
lead to future academic potential toward
extramural funding for basic or clinical
research.

2020 Winner: Christopher Audu, MD University of Michigan, Ann Arbor, MI "cGAS-STING Regulates Macrophage Mediated Inflammation in Diabetic Wound Healing"



### **VESS Early Career Faculty Award**

This Award is specifically designed to help new vascular surgical investigators initiate projects that will lead to extramural funding for basic or clinical research.

2020 Winner: Samuel Tyagi, MD University of Kentucky, Lexington, KY "The Effect of Phosphodiesterase Inhibitors on BAPN-Induced Aortic Dissection"

## **Interview Questions for Grant Winners**



Phillip Goodney, MD
Interviewed by Faisal Aziz, MD

Vascular and Endovascular Surgery Society

## **Academic Development Award**

#### 1. How did you hear about the VESS awards?

- a. I presented at the VESS (then the PVSS) as a trainee and I just loved the Winter Meeting. This meeting was held in Steamboat, and I was overwhelmed with the fellowship, excitement, and enthusiasm present in the society. Where else could one learn about the newest techniques in vascular care, share their research findings, and have fun in the outdoors with friends and colleagues? I was hooked!
- b. I was very excited at the opportunity to partner with VESS to support my research development, and I applied for research support at both trainee and faculty levels.

#### 2. How did you use the \$ from the award for your professional/academic advancement?

a. I used my VESS award funds to pay for analysts to execute the analyses I described in my proposal. These funds also helped me to partner with scientific experts who advised me in ways to improve the quality of my scientific work, so that I could compete for federally funded grants.

#### 3. Did the award help you obtain professional advancement or further funding?

- a. Yes, on both accounts. My VESS award helped me to learn how to write grant proposals and prepared larger grants, including NIH grants. I learned how to prepare a competitive biosketch, and my VESS award was an important component of this part of my application
- b. Ultimately, my VESS award helped me to secure many more grants, including: an NIH career development (K) award, a VA Merit Award, and other grants from PCORI, the American Heart Association, the FDA, and NIH. I'm been incredibly fortunate in my research career to have tremendous support, both in terms of valuable colleagues and vital start-up funds such as the award I received from VESS.

#### 4. What advice would you give to VESS members interested in applying for VESS awards?

a. I think that my career pathway shows that VESS awards can be a key springboard for future grants and awards. Applying for grants such as the VESS awards shows commitment to becoming a physician investigator, and is an important pathway to future grants. For me, it represented a first, and among the most important step towards a research career.



Interact with Society Leadership and Other Members through Social Media!

B

Follow us at @VESurgery for updates on society activities, VESS articles of the week, case of the week, and highlighted members. If you have information you think should be posted by VESS, send potential content to the Society by tagging @VESurgery on your post or tweet or email potential content to <a href="mailto:vess@administrare.com">vess@administrare.com</a> for review by the Communications Committee. Also, check out the LIVE Twitter Feed on the <a href="mailto:vess@administrare.com">vess@administrare.com</a> for review by the Communications Committee.

## VESS would like to welcome new members elected at the 2020 Business Meeting

#### **NEW MEMBERS**

Alabi, Olamide
Beach, Jocelyn
Beardsley, Christian
Bennett, Lisa
Boll, Julia
Bowser, Kathryn

Bunnell, Avianne
Casillas-Berumen, Sergio
Causey, Marlin
Chou, Daisy
Clark, Christopher
de Griis, Derek

de Grijs, Derek Desikan, Sarasijhaa Desmarais, Thomas Dua, Anahita Fatima, Javairiah Genovese, Elizabeth

Gifford, Edward Gonzalez, Andrew

Han, Daniel Heafner, Thomas Irfan, Wajeeh

Kayssi, Ahmed Khan, AdilK

hashram, Manar Lavingia, Kedar Liang, Tiffany

Liao, Timothy

Long, Kira

Makkar, George

Matthews, Jamil

Miladore, Julia

Mendelsberg, Ranan

Mitromaras, Christopher

Naddaf, Abdallah

Nally, Mary Nissen, Gregory

Nukala, Melanie

Qadura, Mohammad

Raible, William Rigamer, Margaret

Rothstein, Abby

Rowse, Jarrad

Salzler, Gregory

Sen, Ritoban

Sibille, Joshua

Sigdel, Abindra

Simon, Meryl

Soult, Michael

Sundick, Scott

Talukdar, Anjan

Wallace, Gabriel

Wiebke, Kristy

Williams, Carlin

Yammine, Halim Yi, Jeniann

Zarkowsky, Devin

#### **CANDIDATE MEMBERS**

Almenoff, Maxwell Biggs, Joedd Bontekoe, Jack Brahmandam, Anand

Cajas-Monson, Luis

Chao, Calvin Chaparala, Swati Chilton, Tim Chou, Elizabeth

Choudhry, Asad Chowdhury, Ritam

Dargan, Chetan Dauer, Marc

Davidson, Anders Fayazuddin, Mr.

George, Elizabeth Goldschmidt, Eric

Hansraj, Natasha Harris, Joshua

Huddleston, Mary Kathryn

lannuzzi, James Jokisch, Christine Jones, Tanner Kimyaghalm, Ali

Kimyaghalm King, Ryan Kinio, Anna Lee, Dong Lee, Sujin Liao, Jane

Lyle, Cara

Maley, Manda

Massri, Therese

McCabe, Leighton

Marquardt, Charles

McChesney, Andrew Mebane, Korsica

Minami, Hataka

Neville, Evan Pandit, Viraj

Png, C. Y. Maximilian

Price, Lucyna

Ramakrishnan, Ganesh

Rishi, Muhammad Ross, Elsie

Salem, Karim

Sams, Hanna

Schafer, Kristin Seligson, Marc

Siada, Sammy

Tehrani, Nader

Teo, Richard

Teter, Katherine

Teveris, Victoria

Titomihelakis, George

Turner, Jason Varsanik, Mary Wang, Bo

Weaver, Martha

Zakaria, Mohamed

#### **ASSOCIATE MEMBERS**

Kinser, Katherine

Myers, Jennifer

The Vascular and Endovascular Surgery Society wishes to recognize and thank the following companies for their ongoing support of our **Annual Meeting:** 

#### PLATINUM LEVEL





#### SILVER LEVEL



#### **GOLD LEVEL**





### **EXHIBITORS**



**Abbott** 



























## **VESS Mentorship Program Overview**

Mentorship is one of the most important tools for professional development and has been linked to greater productivity, career advancement, and professional satisfaction. The **VESS Mentorship Program** aims to promote career and leadership development for early career vascular surgeons. All active members of the VESS within 10 years of training or candidate members in their last year of training are encouraged to apply.

Through a one-year young surgeon/leader match, the program will pair early career vascular surgeons with mentors who are more experienced colleagues, to provide young surgeons with opportunities to further develop leadership skills and obtain guidance for achieving specific career goals. This program also will foster engagement in the Vascular and Endovascular Surgery Society (VESS).



#### **Young Surgeons**

Young surgeons will gain a trusted advisor and learn methods to enhance career advancement. Through a partnership with their respective mentor, the young surgeon will learn to:

- Develop short-term and long-term growth goals and strategies to achieve those goals
- Identify leadership opportunities within the VESS
- Expand current networks within the specialty

#### Leader/Mentor

Mentors will act as a guide to help develop the young surgeon's career, as well as enhance their personal growth and productivity. The mentor will:

- Provide honest and constructive feedback
- Assist the young surgeon on issues such as the establishment of short- and long-term goals, navigation of the advancement/partnership process, and guidance on research and/or teaching activities, etc.
- Offer advice on overall clinical and practice management concerns

#### **How it Works**

- 1. The VESS Women & Diversity Committee will review all applications and select a maximum of 12 young surgeons per year
- 2. VESS will create a match with a leader based on needs and experience and will notify each young surgeon of the arrangement, as well as provide support and information on successful mentoring relationships.
- 3. Upon submission of mentoring goals and a mentorship plan, the young surgeon/leader pair will be provided with \$100 to be used towards funding an in-person meeting of their choice.
- 4. VESS will monitor the year-long relationship through regular feedback and assessments from both parties to ensure the relationship thrives and is beneficial to both surgeons

#### Who Is Eligible?

- Applicants must be in the last year of a vascular surgery training program or have completed a training program and have no more than 10 years of practice experience at the time of their application submission.
- Applicants must be Active members or Candidate members of VESS

#### **Time Commitment**

 Leaders/young surgeons will be asked to set regular phone meetings, at least once every other month, to discuss young surgeon goals, objectives, and progress Applications: Due May 3, 2020 by 5PM PST.

Questions? Please contact Venita Chandra at vchandra@stanford.edu or Angela Wetherbee at angela@administrare.com.

## OFFICERS & COMMITTEES

## **VESS EXECUTIVE COUNCIL 2020 – 2021**



PRESIDENT

Matthew Corriere, MD

University of Michigan



PRESIDENT-ELECT

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Stanford University



SECRETARY

Misty Humphries, MD

University of California,

Davis



TREASURER

Mark Conrad, MD

Massachusetts General

Hospital



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Ravi Veeraswamy, MD

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South Carolina



Todd Berland, MD
New York University



COUNCILOR-AT-LARGE

Dawn Coleman, MD

University of Michigan



COUNCILOR-AT-LARGE

Ravi Rajani, MD

Emory University



PRESIDENT

James H. Black, MD

Johns Hopkins Hospital



Jonathan L. Eliason MD
University of Michigan

## **2020 – 2021 COMMITTEES**

We would like to welcome and thank the following member volunteers for their commitment to the Society by serving on a Committee or as a Representative on our behalf. The success of VESS depends on the input and enthusiasm of its members. Each year we put out a Call for Volunteers so keep an eye out for your chance to get involved.

## **COMMUNICATIONS**Matthew Smeds, Chair

#### Website Subcommittee

#### Jenniann Yi, Chair

- Linda Wang
- Meryl Simon
- Hyein Kim

#### **Newsletter Subcommittee**

#### Laura Drudi, Chair

- Gregory Magee
- Adel Barka
- Bryan Ehlert

#### **FUNDRAISING**

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- Mel Sharafuddin
- Jordan Stern
- Jeffrey Siracuse
- Karan Garg
- Matt Corriere
- Jason Lee
- Mark Conrad
- Dawn Coleman
- Ravi Rajani

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#### **Charles Fox, Chair**

- Kakra Hughes
- Ying Wei Lum

#### **GRANTS & SCHOLARSHIPS**

#### **Christopher Smolock, Chair**

- Faisal Aziz
- Benjamin Brooke
- Todd Berland
- Dawn Coleman
- Ravi Rajani

#### MEMBERSHIP DEVELOPMENT

#### Katherine Gallagher, Chair

- Justin Hurie
- Nicolas Mouawad
- Hasan Aldailami
- Kristine Orion
- Misty Humphries

#### **WOMEN & DIVERSITY**

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- Jill Zink
- Sam Cox
- Christine Shokrzadeh

## VASCULAR RESIDENT EDUCATION COMMITTEE

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- Dave Kauvar
- Jaime Benarroch-Gampel
- Gabby Velazquez
- Mounir Haurani
- Jonathan Thompson
- Yana Etkin
- Karan Garg (Ex-officio)
- Dawn Coleman (Ex-officio)

## STUDENT EDUCATION AD HOC COMMITTEE

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- Tze-Woe Tan
- Michelle Williams
- William Yoon
- Reshma Brahmbhatt
- Dave Kauvar
- Nathan Orr
- Arash Fereydooni

#### **VESS REPRESENTATIVES**

#### **ACS Board of Governors**

Patrick Stone, MD

#### ACS Advisory Council for Surgical Specialties

Peter Nelson, MD

## Vascular Surgery Board of the ABS

Bernadette Aulivola, MD

#### **SVS Executive Committee**

Murray Shames, MD

#### **SVS Young Surgeons Advisory**

Misty Humphries, MD

## PROGRAM COMMITTEE (SPRING 2019 – 2020)

#### **Shang Loh, Chair**

- Matthew Wooster
- Yazan Duwayri
- Shipra Arya
- Karen Woo
- Caitlin Hicks
- Bjoern Suckow

## PROGRAM COMMITTEE (WINTER 2020-2021)

#### Natalie Glebova, Chair

- Karan Garg, Vice Chair
- Jeanie Ruddy
- Max Wohlauer
- Jaime Benarroch-Gampel
- Roan Glocker
- Matthew Smeds
- Manuel Garcia Toca
- John Ohman



## Plan to Join Us at the 2020 Spring Meeting

JUNE 17, 2020 Toronto Convention Center Tortonta, Canada



## Save the Dates for the 2021 Annual Winter Meeting

JANUARY 21-24, 2021 Sun Valley Resort Sun Valley, ID

