

# VESS

## Vascular & Endovascular Surgery Society

NEWSLETTER

Volume 14 • Issue 2 • Summer 2022



### President's Corner *by Ravi Veeraswamy, MD*



The VESS Spring Meeting was a resounding success. We had a huge turnout at the lunch symposium followed by an outstanding scientific session. We awarded a new prize for the best abstract presented at the meeting which was won by Jane He, MD. Congratulations to **Dr. Duwayri** and the Spring Program Committee and many thanks for their contribution.

We now turn to the VESS 2023 Annual Winter Meeting in Whistler, BC, Canada from February 23-27. Several exciting initiatives will be highlighted at the meeting that are focused on the next generation of vascular surgeons. Under the leadership of **Drs. Samantha Cox, Max Wohlaer** and **Sharee Wright**, we aim to expand exposure to VESS and vascular surgery to a more broad and representative group of trainees. This will be a significant step forward for us as a Society.

Simultaneously, **Drs. Daniel Han, Max Wohlaer** and others are spearheading a virtual VSIG concept that will also help students across the country learn more about our field and we look forward to seeing their progress at the annual meeting.

So enjoy the summer and get those numbers crunched, experiments done and data analyzed. The abstract submission deadline is **September 7, 2022**. We look forward to seeing you in Whistler in February 2023. **GET YOUR PASSPORTS READY. THEY MUST BE VALID FOR 6 MONTHS AFTER THE MEETING!**

Best,

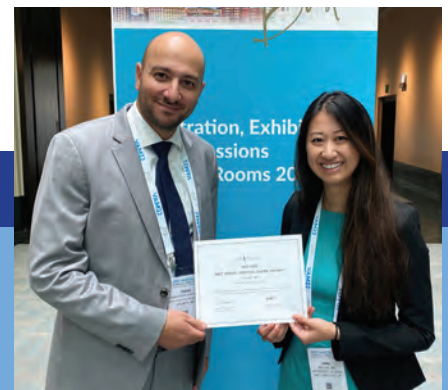
Ravi Veeraswamy  
2022-2023 VESS President

### 2022 Spring Meeting Best Paper Award

*High-Intensity Statin Therapy Reduces Risk Of Amputation And Reintervention Among Patients Undergoing Lower Extremity Bypass For Chronic Limb Threatening Ischemia*

Jane He, MD

Senior Vascular Surgery Fellow  
University of Utah  
Salt Lake City, UT



VESS Spring Program Chair, **Yazan Duwayri, MD** presents the Best Spring Paper Award to **Jane He, MD**

# VESS Vascular Surgery Interest Group (VVSIG)

**History And Timeline:** The idea to develop a VESS VSIG was launched by Secretary & Communications Committee Chair, Misty Humphries, MD, and Social Media/Website Subcommittee Chair, Dan Han, MD. Dr. Han emphasized, "We all recognize that the future of our specialty depends on the pipeline of talented medical students that join our ranks. As such, our societies encourage interested students to start VSIGs at their institutions. However, lack of accessible mentors at certain institutions and variability in interested students from one year to the next make maintaining an active VSIG very challenging. In today's virtual era, we are excited to provide a platform for the students to crowdsource this problem and become advocates of our specialty on the national stage. After all, students know best how to spark the interest of other students."

On Thursday, June 16, during the VAM, what started as an idea and an invitation for an informal gathering, grew into an enthusiastic gathering of over 25 medical students eager to share their ideas, and a group of VESS representatives eager to hear them.

**Max Wohlauer, MD**, Chair of the Student Education Committee highlighted, *"That was a fantastic session. Lots of great comments from those in attendance and I've heard some excellent ideas and enthusiasm from medical students who were not at the Think Tank, too. The VESS is excited to see the future of vascular surgery in such strong and capable hands."*



**Bianca Mulaney, MS4**, emphasized the importance of early mentorship. *"Like many medical students, I did not know about the field of vascular surgery before medical school. I discovered the field after being paired randomly to a vascular surgeon (**Venita Chandra, MD**, Chair, VESS Resident Education Committee) through our school's Women and Medicine mentorship program. She has been an amazing mentor to me over the past year, and thanks to her I will be applying into vascular surgery integrated programs this fall."*

**Tabea Hoffstaetter, MS4**, added that *"Being surrounded by so many enthusiastic like-minded peers who are passionate about Vascular Surgery is incredible! However, too many of us have one thing in common - we learned about this incredible specialty by serendipitous chance. I personally had very little exposure to Vascular Surgery during my first two years of medical school and only learned about the field in my third year during a two week selective clerkship. For this reason, I am very excited about the potential for a national VESS VSIG to increase medical student's early exposure to the specialty, and serve as an open resource for those who want to learn more."*

**Jai Shahani, MS3**, shared that *"Vascular Surgery is on the forefront of innovation in medicine, evolving at a breakneck speed and utilizing cutting-edge technology to alleviate illness and improve the human condition."*

**VESS VSIG Goals:** The Goals of the VESS Vascular Surgery Interest Group are as follows:

- Provide a yearlong forum for vascular committed and vascular interested students from across the country to participate in. This will allow students at institutions with no VSIGs or inactive VSIGs to get continued vascular exposure and mentorship.
- Provide networking opportunities between students and the VESS members.
- Give opportunities for motivated students to take leadership roles and ownership of the VESS VSIG. Giving students a sense of ownership of the VESS VSIG will translate to increased involvement of students with our society. This can lead to continued involvement as residents and ultimately junior faculty.
- Provide a forum for existing VSIGs to network with each other. VSIGs can become members of the VESS VSIG (almost like chapters) and participate in all VESS VSIG activities.

**MS2 students, Elizabeth Lavanga, Leana Dogbe, and Alexandra Vaughan-Masamitsu,** expressed their enthusiasm at the meeting: *“We are excited and honored to share in the upcoming efforts of VESS VSIG to engage medical students of all years on a national scale in the innovations of the field of vascular surgery.”*

**VESS Vascular Surgery Interest Group Format and Schedule:** VESS leadership will establish a VESS VSIG Steering Committee consisting of medical students. VESS leadership will serve as mentors for the Steering Committee, who will be in charge of programming.

**Proposed Schedule:** Two meetings per month. Virtual series for MS1 and MS2

- (DISCOVER): Educational and promotional content for students who do not know if they like vascular surgery yet. Examples include: Intro to vascular surgery, a day in the life of a vascular surgeon, a day in the life of a vascular resident, academic vascular surgery vs Private Practice vascular surgery, what do program directors look for in the application process, tips for interviews, matched Students- What I did to prepare and how I chose my program Virtual series for MS3 and MS4
- (SPECIALIZE): Educational content for students who have decided on vascular as a specialty. This will be a case-based, can invite existing VSIGs to present an interesting case they saw or participated in at their institutions. If students don't have anything, can have alternating vascular attending surgeons present.

**Tara Zielke, MS4,** commented that *“The VESS Vascular Surgery Interest Group (VSIG) is an incredible opportunity to expand the impact of VSIGs around the country. It also provides the VSIG experience to students who do not have a VSIG at their home institution.”*

**Imperatives:** This is a project for medical students by medical students. The attendings are here to support, facilitate, advise, and help execute. One thing that is clear from the **Think Tank** at VAM is that medical students have incredible ideas. The VESS VSIG is not to elevate individuals, but to elevate vascular surgery as a specialty. As future vascular surgeons, medical students would be starting early to help advocate for the specialty that we all love. The **VESS VSIG WILL NOT** be used as a recruitment tool by individual residency programs. All participating attending surgeons will recognize that this forum is to highlight the society and not one's individual institution. The **VESS VSIG WILL NOT** be used as a forum for programs to evaluate potential students. The goal of this program is to generate interest in our specialty. We want these meetings to be a safe place for students to ask questions freely and participate without fear of judgment.

**Project Timeline:**

IMMEDIATE PROJECTS	MID-TERM PROJECTS	LONG-TERM PROJECTS
VSIG Steering Committee	Peer-Peer mentorship program	Database of shadowing opportunities
Virtual series for MS1 and MS2 (DISCOVER)	VESS VSIG Webpage	Virtual Student Research Day
Virtual series for MS3 and MS4 (SPECIALIZE)	Representatives to other societies	Database of research opportunities

See Full VESS VSIG article on [www.vesurgery.org](http://www.vesurgery.org)

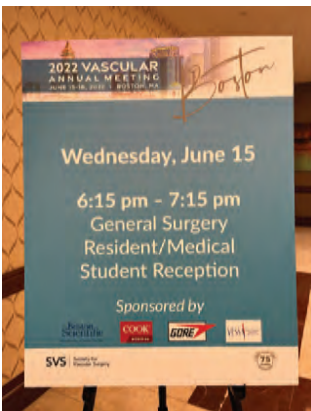
# 2022 Spring Meeting Highlights/Recap



The VESS 2022 Spring Program was held in conjunction with the Vascular Annual Meeting in Boston on Wednesday June 15th. The program included presentations of 25 research abstracts from US and international institutions. Researchers presented diverse topics including peripheral arterial disease, carotid disease, arterial trauma, thoracic outlet syndrome, healthcare disparities, dialysis access, aortic interventions, surgical education and vascular medicine. The program was enriched by excellent discussions due to an in-person and virtual attendance. In addition, the 2022 spring program committee launched the first **VESS Spring Meeting Best Paper Award competition** designed to encourage presentations from early-career VESS members and candidate members.



## VESS Co-sponsored the General Surgery Resident/Medical Student Reception



# Industry Lunch Symposium

Wednesday, June 15, 2022  
Hynes Convention Center

**XARELTO® 2.5 mg Vascular Dose:** Reduction in the Risk of Major Thrombotic Vascular Events in Patients With PAD, Including Patients after Lower-Extremity Revascularization Due to Symptomatic PAD

The VESS wishes to acknowledge Janssen Pharmaceuticals for their support of the co-sponsored educational lunch symposium on Wednesday, June 15th at the Hynes Convention Center. **Dr. Todd Berland**, Associate Professor, Department of Surgery at NYU Grossman School of Medicine; Director, Outpatient Vascular Interventions, NYU Langone Health, New York, NY spoke to a standing room only crowd and discussed the recently FDA approved vascular dosing of Rivaroxaban 2.5mg for patients with PAD.



## Member Recruitment Corner

The VESS Membership Committee has been working on planning a few events that we hope will be of interest to Early Career Surgeons and those who are nearing graduation.

- We are planning a **Virtual Career Session** to happen sometime this fall over Zoom, where we will have several surgeons who span a broad range of practice environments and years of experience after training, talk about the nuances of finding a job, choosing between academic and private practice, and most importantly will be available to answer questions. More details on this event to come this August.
  - We are also partnering with **Audible Bleeding** to record a session in which multiple early and late career vascular surgeons will be interviewed to answer common questions that trainees and early to mid-career vascular surgeons may have.
  - Finally, we are continuing our Membership Recruitment Campaign, incentivizing our current VESS members to recruit new members, with prizes based on the number of recruited members per individual.

# 47th Annual Meeting Vascular & Endovascular Surgery Society 2023

FAIRMONT CHATEAU WHISTLER, BC, CANADA | FEBRUARY 23-26, 2023

## Call For Abstracts • Deadline: September 7, 2022

The Vascular and Endovascular Surgery Society is now accepting abstracts for their 47th Annual Meeting to be held VESS 46th Annual Winter Meeting to be held February 23-26 at the Fairmont Chateau Whistler in Whistler, BC, Canada

Abstracts must be submitted online and submission must be completed by Wednesday, September 7, 2022 at 11:59 p.m. (EDT). Submission Guidelines can be found under the meetings tab at: [www.vesurgery.org](http://www.vesurgery.org).

## Start Your Planning Early For VESS 2023! February 23-26, 2023

### HOTEL INFORMATION

#### Fairmont Chateau Whistler Resort

4599 Chateau Blvd.  
Whistler, BC, CA V8E 0Z5  
CANADA  
(604) 938-8000



The Fairmont Chateau Whistler resort is located at the base of Blackcomb Mountain in Whistler, British Columbia. Tastefully designed luxury Whistler accommodations with spectacular mountain or village views were created to blend with the natural alpine setting.

#### Special Group Discount Rates:

Guest Room Block	USD As of 7/12/22
Fairmont Rooms @ \$439 (CA)	\$337.15
Deluxe View @ \$489 (CA)	\$375.55

To book a room guests will need to either:

- Call Global Reservations Centre at 1-800-441-1414 (Mention VESS or Code: 0223VESS)
- Book online at: <https://book.passkey.com/event/50286407/owner/3631/home>
- All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card.
- If an attendee checks out prior to the confirmed checkout date, attendee will forfeit full amount paid and no refunds will be given for departing early.
- Cancellations: Up to 14 days prior to arrival will be accepted, and the deposit refunded for those rooms for the full night's stay.

### TRANSPORTATION

**Airline:** The closest airport to Fairmont Chateau Whistler is Vancouver International Airport (YVR). Vancouver International Airport is located on Sea Island in Richmond, British Columbia, Canada, about 12 km from Downtown Vancouver and approximately 85 miles (137 km) south of the resort. Most major airline carriers fly into Vancouver.

**Shuttle Service:** Direct service from VYR to Whistler

#### BUS Companies:

- PERIMETER TRANSPORTATION / 1-888-717-6606 / [www.perimeterbus.com](http://www.perimeterbus.com)
- WHISTLER CONNECTION / (604)-938-9711 / [www.whistlerconnection.ca](http://www.whistlerconnection.ca)
- WHISTLER GLACIER GROUP / 604-905-7779 / [www.whistlerglaciergroup.com](http://www.whistlerglaciergroup.com)
- WHISTLER SHUTTLE / 1-866-932-0516 / [www.whistlershuttle.com](http://www.whistlershuttle.com)

#### Private Shuttle Companies:

- ALPINE NORTH LIMOUSINE / 1-866-784-2020 / [www.alpinenorth.ca](http://www.alpinenorth.ca)
- VIP WHISTLER / 1-833-847-9447 / [www.vipwhistler.com](http://www.vipwhistler.com)
- WHISTLER EXECUTIVE TRANSPORTATION / 604-935-4900 / [www.whistlerexecutivetransportation.com](http://www.whistlerexecutivetransportation.com)

# Winter Meeting Highlights

## **VESS VASCULAR FELLOWS PROGRAM**

**Thursday, February 23, 2023**

The objective of the Vascular Fellows Program is to educate graduating fellows on content pertinent to starting a career as a vascular surgeon. Topics that were addressed over the past few years have included negotiating contracts, billing and coding, social media and branding, how to be successful in an academic versus private practice and recognizing/coping with burnout. Participants also have the opportunity to present interesting cases while hearing review from our moderators and participate in Vascular Jeopardy with questions commonly asked on the vascular boards. The course is interactive with opportunities to engage the speakers as well as other participants. Each fellow accepted into the program will receive a \$1,500 travel stipend to help with the cost of attending the meeting.

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## **VESS NEXT GENERATION STUDENT MENTOR PROGRAM**

**Thursday, January 23, 2023**

The objective of the Next Generation Student Mentor Program to providing medical students with a career interest in vascular surgery, a forum to see what we are all about, as well as opportunities for student to hone their vascular surgery open and endovascular skills with simulation! There will be dedicated programming aimed at their needs, overlap programming with the Fellows' Program so that they can engage current trainees, and ample time for them to meet VESS members who might offer them mentorship.

Each medical student accepted into the program will receive a \$1,500 travel stipend to help with the cost of attending the meeting.

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## **VESS GENERAL SURGERY RESIDENT PROGRAM**

**Thursday, February 23, 2023**

With the success of our inaugural General Surgery Resident Vascular Interest Program, we are excited to include this opportunity once again. The objective of this program is to sponsor and provide network opportunities to all general surgery resident applicants that have an interest in pursuing a Vascular Surgery Fellowship. The program will include topics of interest regarding fellowship application process, types of programs, academic and private practice, mentoring opportunities, research advancement and the unique VESS networking environment that will allow attendees to interact with other vascular fellows and residents, vascular surgery faculty around the country as well as immersion to broad vascular pathology and industry technology.

Each general surgery resident accepted into the program will receive a \$1,500 travel stipend to help with the cost of attending the meeting.

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## **VASCULAR TECHNOLOGY FORUM**

**Thursday, January 23, 2023**

The 2023 Vascular Technology Forum will showcase some of the best and newest devices that industry has to offer. The goal of this program is for industry to provide insights into current technology, and a look at what treating physicians may see as it relates to up-and-coming developments in the pipeline. Expert physicians will share their experiences with these devices and provide some 'tips and tricks'. There will also be an opportunity for intensive, hands-on experiences in a small group format that provides a more granular experience for the participating physician.

# VESS 2023 Grants and Awards

## VESS TRAVEL AWARD

**Application Deadline: Friday, September 9, 2022**

The primary purpose of the **VESS Travel Award (\$5,000)** is to provide the recipient with the opportunity to visit one or more vascular surgery centers of excellence. The visit is intended to stimulate academic inspiration and to foster the development of fraternal fellowship in vascular surgery. Achievement of these objectives will enhance the vascular surgery career of a VESS member recipient. This award is not intended to support specific research interests but rather to assist the award recipient in a unique opportunity for travel and professional exchange.

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## VESS / MEDTRONIC VASCULAR RESIDENT RESEARCH AWARD

**Application Deadline: Friday, October 6, 2022**

One **\$12,500** grant for basic/translational science, educational, clinical or health outcomes research will be awarded during the VESS Annual Meeting in 2021. The **VESS/Medtronic Resident Research Award** is specifically designed to help residents in training initiate projects during protected academic development time that will lead to future academic potential toward extramural funding for basic or clinical research.



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## VESS / BOSTON SCIENTIFIC EARLY CAREER INVESTIGATOR AWARD

**Application Deadline: Friday, November 3, 2022**

One **\$22,500** grant for basic/translational science, educational, clinical or health outcomes research will be awarded during the VESS Annual Meeting. The **VESS Early Career Faculty Research Award** is specifically designed to help new vascular surgical investigators initiate projects that will lead to extramural funding for basic or clinical research.

The Boston Scientific logo features the words "Boston" and "Scientific" stacked vertically in a large, blue, serif font. The "S" in "Scientific" is particularly large and stylized, overlapping the "B" in "Boston".

Eligibility and Guidelines for all awards can be  
found on the  
VESS Website under the Grants/Awards tab.  
[www.vesurgery.org](http://www.vesurgery.org)



# 2021 Vascular Surgery Match Results

The Match for vascular surgery this year was very competitive. The Match rate for the appointment Year 2022 for both the Vascular Surgery Fellowship and Residency was **100%** with no spots going unmatched. According to the NRMP residency the specialties that filled all available positions were Neuro-Surgery, Orthopedic Surgery, Otolaryngology, Plastic Surgery (Integrated), Radiology – Diagnostic, Interventional Radiology (Integrated), Thoracic Surgery, and Vascular Surgery.

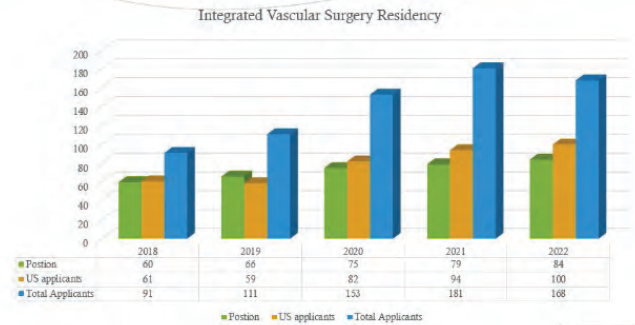
## Vascular Surgery Residency 2022

We Continue to expand the number of our vascular surgery residency positions. The number of positions offered through the **NRMP continues to increase** ( from 60 positions in 2018 to 84 positions in 2022). The number of Applicants also continues to increase ( from 91 applicants in 2018, to 168 applicants in 2022). In 2022 there were **no unmatched positions** in the Vascular Surgery Residency Match!

## Vascular Surgery Fellowship 2022

The number of Vascular Surgery Fellowship programs offered through the NRMP is relatively stable (around 94 programs and 118 position). The number of applicants increased from 2019-2022 ( from 114 applicants in 2019 to 178 applicants in 2022), and the number of unmatched applicants increased (9 in 2019 and 25 in 2022). The 2021 Vascular Surgery Fellowship Match (for the 2022 appointment year) included 118 positions across 94 programs. There were no unmatched position. The preliminary report for the 2022 Match ( 2023 ) appointment year ) for Vascular Surgery is that **all positions were filled!**

## Vascular Residency Trends



APDVS

## Vascular Fellowship Trends



## Vascular Fellowship Trends



# VESS Spotlight on Award Winner

Each year, the VESS awards a Travel Grant, an Early Career Investigator Award and a Resident Research Grant. Here, we catch up with previous awardees to find out how they used their funds and what impact the award had on their career. We hope this inspires members to apply for VESS grants and continue the tradition of high achievement that the VESS is proud to support. For more information on how to apply, visit <http://vesurgery.org/grants-awards>.



**Matthew Corriere, MD**  
Frankel Professor of Cardiovascular Surgery  
Associate Professor of Surgery  
University of Michigan, Ann Arbor, MI  
2008 – Resident Research Award Winner



*We asked Dr. Corriere to reflect on the impact of how winning this award had on his research career development.*

Extra-mural funding is an important goal for any vascular surgeon (or vascular surgeon in training) who wants research to be a major part of their career. A funded grant is a preliminary validation that the research question is one worth answering, and also suggests that your peers think your plan is a good one that you are capable of executing. Extramural funding also signals quality and advanced preparation for the scientific presentations and publications that are the immediate deliverables, and supports your credibility as an investigator on future proposals.

The process of developing, submitting, and revising a proposal that is ultimately funded can be intimidating and mysterious, however, especially for first-time trainees or junior faculty. That was certainly the case for me when I applied for the VESS Research Award (known back then in 2007 as the PVSS Research Award) during my Fellowship in Vascular and Endovascular Surgery at Wake Forest. Although I had completed an M.S. curriculum and become quite comfortable analyzing data, delivering presentations, and writing papers, the grant arena seemed far more daunting. I was well acquainted with what goes into a research paper (we are constantly bombarded with interesting abstracts, presentations, and papers that are easily accessible), but the ingredients for well-written grant proposal were less familiar. The group of people writing grants is a smaller and relatively more elite crowd within the larger clinical research community, and those achieving funding smaller still. Asking someone to share their funded proposal, which might be closely kept, seemed potentially awkward. Would they want to help me compete for funding, potentially increasing their future competition? From the outside looking in, it seemed that one of the most important criteria for achieving funding was current or previous funding, and how to break in seemed like a puzzle that would be tough to solve. The situation was reminiscent of the catch-22 situation encountered while seeking my first high-school job: everyone hiring wants someone with experience that cannot be gained without getting hired.

Fortunately for me, my mentor at the time (Dr. Matthew Edwards) helped me develop some ideas we had been kicking around into a testable set of hypotheses that ultimately became my first funded proposal as PI. At the time, there was lots of exciting work going on with diffusion-weighted MRI to identify lesions during the perioperative period following carotid interventions.<sup>1</sup> These studies suggested that new brain lesions were more common than might be suspected based on clinical exam, and seemed coter to other emerging lines of investigation related to carotid interventions and cognitive function. Beyond assembling the hypotheses and designing a proposal that was feasible within trainee award's budget, Dr. Edwards also helped me get comfortable with knocking on doors of potential collaborators in Radiology, Neurosurgery, and Anesthesiology who were willing to contribute their expertise to the proposed work. I assumed that their expertise would be carefully guarded, and was pleasantly surprised to find their doors open and welcoming to collaboration.

Post-award, there were abundant lessons that emerged through my jump from retrospective to prospective clinical research. The notion of obtaining pre/post neurobehavioral testing and MRIs on a few patients looks great on paper, but required a level of planning and coordination that greatly exceeded my expectations. Unanticipated learning opportunities included research concepts such as adjusting for practice effects with neurobehavioral testing, and practical matters like getting time on the research MR scanner that did not disrupt a patient's clinic and discharge schedule. These challenges were stressful at times, but the growing pains led to problem-solving skills that have remained important since then.

The importance of the VESS Research Award is therefore difficult to over-state for my personal academic career. The post-award work didn't close the book on cognitive function and carotid interventions or shake the earth in terms of impact. We did, however, execute a prospective study that generated some interesting findings,<sup>2</sup> and these results have contributed to subsequent meta-analyses.<sup>3,4</sup> More importantly, the experience gained and lessons learned have been applied to prospective studies over the years since then.

So, if you are a junior faculty member or trainee contemplating the path to becoming a funded investigator, make sure to join VESS and check out their research award opportunities (<https://vesurgery.org/grants-awards/>). These awards provide a wonderful mechanism for developing hypotheses, establishing feasibility, and acquiring valuable research experience. Making these wonderful resources to junior vascular surgeons and cultivating their development into surgeon scientists exemplifies the enduring VESS commitment to its mission and objectives.

1. Tedesco, M. M., Lee, J. T., Dalman, R. L., Lane, B., Loh, C., Haukoos, J. S. et al. (2007). Postprocedural microembolic events following carotid surgery and carotid angioplasty and stenting. *Journal of Vascular Surgery*, 46(2), 244-250. Tedesco, M. M., Lee, J. T., Dalman, R. L., Lane, B., Loh, C., Haukoos, J. S. et al.
2. Corriere, M. A., Edwards, M. S., Geer, C. P., Keith, D. R., Deal, D. D., & Stump, D. A. (2014). Longitudinal Evaluation of Neurobehavioral Outcomes After Carotid Revascularization. *Annals of Vascular Surgery*, 28(4), 874-881. Corriere, M. A., Edwards, M. S., Geer, C. P., Keith, D. R., Deal, D. D., & Stump, D. A.
3. Traenka, C., Engelter, S. T., Brown, M. M., Dobson, J., Frost, C., & Bonati, L. H. (2019). Silent brain infarcts on diffusion-weighted imaging after carotid revascularisation: A surrogate outcome measure for procedural stroke? A systematic review and meta-analysis. *European Stroke Journal*, 4(2), 127-143. Traenka, C., Engelter, S. T., Brown, M. M., Dobson, J., Frost, C., & Bonati, L. H.
4. Houghton, J. S. M., Nickinson, A. T. O., Bridgwood, B., Nduwayo, S., Pepper, C. J., Rayt, H. S. et al. (2021). Prevalence of Cognitive Impairment in Individuals with Vascular Surgical Pathology: a Systematic Review and Meta-Analysis. *European Journal of Vascular and Endovascular Surgery*, 61(4), 664-674. Houghton, J. S. M., Nickinson, A. T. O., Bridgwood, B., Nduwayo, S., Pepper, C. J., Rayt, H. S. et al.

## Vascular Trainee Corner

*Submitted by VESS Members*



**Laura Boitano, MD**  
Assistant Professor  
UMASS Memorial Medical  
Center



**Adam Tanious, MD**  
Assistant Professor  
& Associate Program  
Director  
Medical University of  
South Carolina

[Vasculartraining.org](https://vasculartraining.org) was started during the COVID pandemic when educational content was plentiful online but unorganized and for the most part, un-verified. We decided to create a curated repository of free vascular surgery resources including videos, podcasts and high-yield journal articles. The website includes all the major topics outlined by the VSCORE curriculum. Additionally, we worked closely with program directors and experts in the field to create specific content for the website which are the featured resources for each section.

This is an ever growing resource and we are continually adding and updating it. We are in the process of partnering with national societies to become one of the main clinical resources for trainees. We also hope to add specific series on topics such as wellness, finance, an "intern boot-camp", as well as "guide for the graduating trainee" section. We always welcome feedback, suggestions and any new video submissions! Please feel free to reach out to us at: [vascsurgeducation@gmail.com](mailto:vascsurgeducation@gmail.com).

## VESS @ Social Media



Our social media presence continues to expand. We have **3,359 Twitter followers** and **967 Instagram followers**. The VESS Communications Committee send posts on topics pertaining to our society 2-3 times per week. The videos that are uploaded include educational and surgical technique videos as well as presentations from the VESS Winter Meeting. If you missed the meeting or want to review one of the talks you saw, check it out and be sure to subscribe to get updates on newly uploaded videos. Please tag us in Tweets/Instagram posts pertaining to our society, meetings, and vascular topics! Send any recommendations for social media topics to the communication committee; we are always looking for ways to engage our membership and remain current.

Vascular and Endovascular Surgery Society  
203 Washington St., PMB 311  
Salem, MA 01970



## VESS 47<sup>th</sup> Annual Winter Meeting

SAVE  
THE  
DATES!!

**FEBRUARY 23-26, 2023**

**Fairmont Chateau Whistler  
Whistler, British Columbia, CANADA**



**Get Those Passports Ready!!**

