



VESS VSIG November 10, 2022 Meeting

The Student-Run VESS VSIG DISCOVER team, comprised of 14 diverse medical students from across the country, planned and executed their first event on November 10, 2022. The **“Why Vascular?”** virtual panel event aimed to introduce Vascular Surgery as a specialty to medical students who are not yet decided on their residency choice. The DISCOVER team marketed the event at their local VSIGs, on social media, and at student sections of several national societies including the ACS. The event attracted many medical students from across the United States, Puerto Rico, Canada, and the Caribbean with over 120 students attending the virtual panel. The attendees were largely made up of M1’s (53%) and M2’s (30%), but also attracted some M3’s, M4’s, and even masters, MD-PhD students.

The panel, which included attendings (Drs. Ravi Rajani, Gabriela Velazquez, Todd Berland), residents (Dr. Christopher Audu), and a MS4 applying into vascular surgery this year (Aron Licht), shared their career path and answered a variety of questions from current students that ranged from why they chose vascular surgery to what their typical days look like in a given week. The panelists shared what work life balance looked like in their lives, things they found challenging in vascular surgery, and discussed the different paths to becoming a vascular surgeon. The event was well received by the attendees who responded with overwhelmingly positive feedback: “Great turnovers and transitions from moderator to panelists! Loved the diversity among panelists!” “This was really helpful and I hope to attend more events in the future to get a better sense of how I can become a great applicant for vascular surgery.”

The recording from the virtual event will be available soon on the VESS You Tube page and on the Audible Bleeding podcast.

In addition to events for the DISCOVER team, the VESS VSIG continues to work on several ongoing projects- SPECIALIZE (aimed at M3’s and M4’s), peer mentorship, technology team building resources helpful for medical students, and more! If you are a student or know a student who would like to be a part of the VESS VSIG, please reach out to vessvsig@gmail.com today!